

### Mitcham Pre School Centre Newsletter

Tel: 82712042 Fax: 82728272 email: Chris.Catt906@schools.sa.edu.au

web: www.mitchampre.sa.edu.au



Term 1 Newsletter 4

### Welcome back to the start of term 4

Welcome back! We hope your holidays were restful and enjoyable. The time has certainly passed quickly and we are now back for another wonderful term of teaching and learning.

#### Term 4 Curriculum

Our focus of learning for the first few weeks of the term is "People plan wedding's and we can too!

With Maddie and Josh's wedding fast approaching, it is a wonderful opportunity to extend children's literacy, numeracy skills, fine motor, organisational, social skills through planning and preparing our own special wedding party for Maddie. The children will be involved in the planning, preparation for the event. And of course, will be the guests at our kindy wedding party. It is going to be so much fun.

To commence our learning, we will in week 1, explore our first inquiry question

#### "What do you know about weddings?"

The term plan, over view and calendar, will be in the note pockets on Monday, first day of term 4.

In the last few weeks of term, our focus will be on "Christmas festivities".

It promises to be a wonderful term and will also include

- 2 more sessions of Dancify
- Christmas Funtastics
- Ruth Tuck Art School
- Excursion to the Marshmallow Park
- Family night
- End of year celebration (kindy concert)
- Graduation afternoon
- Morning at the creek to end the term.

Look out for regular updates of what is happening at kindy through email / APP, newsletters, articles and the outside white board.

### <u>Pupil Free date</u>

As mentioned in newsletters last term, we have our last pupil free date for the year. Each year we are eligible for 4 pupil free days for professional development. So far, we have only utilised 3 of these days. Therefore, the Governing Council have approved the following date as a pupil free day.

### Monday November 7th

There will be no kindy on this day.

The last calendar for 2022



### **Christmas Funtastics**

As term 4 has numerous special activities, we will only be running one Funtastics session.

This funtasics will be held on

#### Monday November 14th

It is an extra special funtastics where we complete many creative tasks that decorate our walls for all the special functions in the last part of term 4.

Whilst we have not asked for volunteers this year, due to COVID restrictions, and run funtastics just with staff, this special funtastics will require some additional help.

So we are going to ask just a few parents to help us. We will keep within restrictions of social distancing rules, hygiene practices, wearing masks and just have 2 or

3 parents to help us.

Volunteers will need to have WWCC & RHHAN-EC training. I will put out a call for help closer to the time.

Thankyou as always for your support.

## A quote!

Listen earnestly to anything your children want to tell you, no matter what. If you don't listen eagerly to the little stuff when they are little they won't tell you the big stuff when they are big because to them all of it has always been big stuff.

# Important Excursion Information

Our excursion to Marshmallow Park will be held at the end of week 2. Having our last excursion for the year, early in term 4, means it doesn't clash with any school transition visits.

Last year, we ran our transition visits (for children and families commencing preschool the following year) on the same days as our Marshmallow Park excursion and it worked really well.

This year we have decided to do the same thing. However, due to the delay in offering round 2 families a place (families who live outside the local area), we will do some transition visits on the gold group excursion day and the rest will be integrated into the term

So Maddie, Suzi and Lyn, will remain at kindy on the Friday to run the transition visits. I have organised extra staff to be present at the excursion for gold group to cover these staff.

- Thursday October 27th—Blue group excursion day
  - staff on the excursion will be Chris, Maddie, Lyn and Izzy.
- Friday October 28th—Gold group excursion day
  - staff on excursion will be Chris, Sara, Robbie and Izzy

Of course, the staff will be supported on the excursion by parents.

Having both the excursion and transition visits on the same day takes a significant amount of organising. However, we feel that this system will not only benefit the children transitioning into kindy, but our current group of children, as their learning will not be continuously interrupted by the transition visits.

# Sun Smart Policy

The UV rating is now above 5 everyday, and for long periods of time. Therefore everyone needs a hat at kindy when playing outside. Please remember to send a hat everyday to preschool.

#### "NO HAT NO OUTSIDE PLAY".

The best type of hat to wear is a broad brimmed hat or bucket hat which not only protects your child's face, but their neck and ears. Caps are trendy but not very effective in preventing skin damage from the sun as the neck and ears are exposed to the sun. We do not share hats due to head lice, so if your child does not have a hat, they will have to play inside or on the verandah.

### Water

With the warmer weather here, we will be reminding the children to drink water more often. We will also remind them to fill up their water bottle from the container when it is empty or ask for help to do so. Often after winter, children forget to rehydrate regularly! We would appreciate your support to also remind your child about

the need to drink more water. Reinforce that they can fill their water bottle up at kindy from the blue container, or ask a teacher for help.

Many thanks for your support. Please remember that we only have water at kindy. Cordial or juices is not on our nutrition policy.

# Governing Council

The next Governing Council Meeting is

# Monday October 24th

7.15pm for a 7.30pm start. Everyone is welcome to attend.

### Term 4 Fees

You will soon receive an account for your term 4 fees in your child's name pocket.

Fees for term 4 are

 Fees—\$230.00(this includes a levy and excursion / incursion levy)

Fees are due for payment by

#### Friday November 4th

Fees can be paid by cash or cheque deposited into the brown box near the kitchen, or by direct debit

BSB 105084

Account 323231040

We appreciate your fees being paid on time to ensure that we can meet our running costs and expenses.

If you have any queries in paying the fees, please come and see me. All conversations will be in

strictest confidence.

# Crocks & thongs

With the lovely weather of spring (and almost summer) upon us, we see children wearing thongs and crocks to kindy. Whilst they are cool on your feet, and great for the beach or pool, they are really impractical for kindy. Children are more prone to falls and trips when wearing crocks and thongs, especially when climbing, playing with balls, engaging in games of chasey. For your child's safety, please send them in sandals or sneakers.

### Changes of clothes

We have lots of water & sand play in term 4 so please send a change of clothes & a plastic bag, in your child's bag, just in case they do get wet.

# Changes term 4

Remember to check name cards on drink boxes and lunch boxes. There may be some changes for term 4.

#### Boxes

We are in desperate need of boxes again. We have so many "budding" engineers, architects, designers and constructors, that we use so many boxes. So please collect some boxes for us. Please remember, that nappy boxes and cartons are too large! We need cereal, toothpaste, tea bag, biscuits or shoes boxes. NO milk or juice containers please, or medical supply / personal hygiene boxes.

Thankyou from all our amazing children!

# About your child's school transition visits

Term 4 is a very anxious time for children and parents as school transition visits loom. Children become aware that they will be going to school soon. And whilst they may appear very excited , they are likely to be very anxious too. For a year they have been in the familiar environment of our preschool, with teachers, children and routines they know well. But soon they will commence transition visits to an environment they are not very familiar with, teachers & children they don't know. Even children who have older siblings at school, can find transition visits daunting. Dropping older siblings off at school is not the same as going to school themselves. With this anxiety about the unknown of school, some behavior issues can arise such as melt downs, crying over the most simple things, being over sensitive, being angry or simply just not listening!!!! It is not unusual for these behaviors to occur. They are just letting you know that whilst they might be excited about school, they are worried too. Even though children are "ready for school" and have the skills and abilities for a successful transition, it can still be a challenge!

My advice to assist both parents & children in transitioning into school

- is not to "over talk" about going to school. Sometimes over talking about events etc can create anxiety. Sometimes we think we need to talk about things often to prepare children but sometimes it can have a detrimental affect. So keep conversations about school limited. Acknowledge that school visits will happen soon, the school will send a letter letting you know when.
- Find out who is going to school with your child and organize some play dates at the school, on the weekends. This will allow you all to become familiar with the environment. When playing at the school take your own "tour" looking for the library, canteen / tuck shop, toilets, oval, hall etc.
- Take photos of your child at the school and make a going to school book. Photos can be added later such
  as a photo on their first transition visit, a photo in their school uniform, a photo of friends going to
  school with them, photo of their classroom and a photo of their teacher. Putting a book together about
  going to school, helps build familiarity with their new environment, which can be shared with grandparents etc.
- Keep routines at home etc familiar. Going to school, even for transition visits is a change in routine, so keep routines familiar
- Term 4 is a busy time with school transition visits, Christmas & all its festivities. Families become very busy. Limit the amount of activities your child participates in outside of preschool, child care etc. make sure they get to bed at their usual time. Tiredness can add to anxiety & behavior issues
- Talk with families who already have children at the school your child will start at. Arrange to have a
  coffee morning (without your preschool children) so that you can network and get some information for
  yourself about what happens at transition visits. If you have information, you will feel informed and
  less anxious too.

So over the next few weeks as school transition visits loom, (and so does Christmas) be aware that your child may become overwhelmed by the impending change, especially if you are over talking about school. If you need any advice or want reassurance, don't hesitate to speak with one of the staff.

It is an exciting time in their life (and yours too). Seeing them in their school uniform for the first time will bring a tear to your eye. Be prepared and enjoy the experience!!

### Notes

You will receive numerous notes in the first week of term.

- Term plan, term overview and term calendar
- Excursion information and permission form
  - -RSVP Monday 24th October (Monday of week 2)
- Family night
  - RSVP Monday October 31st (Monday week 3)

The family nights are on Thursday October 28th (blue group) and Friday October 29th (gold group)

- Term 4 fees—Due by Friday November 4th
- Ruth Tuck (no RSVP form)

Please look out for notes in your child's pocket this week

# Finally

Thank you for your continued support.

It is much appreciated and we look forward to working with you in the term ahead.

Regards Chris, Maddie, Suzi, Sara, Lyn, Robbie Izzy